



THE US GRANT  
HOTEL  
SAN DIEGO

THE  
LUXURY  
COLLECTION

# SPA MENU

---

Escape the fast pace of downtown, prepare your skin for an illustrious event, or simply relish in unsurpassed serenity with a distinctive spa treatment experience curated by Relax & Rejuvenate for THE US GRANT.

# MASSAGE THERAPY

## CUSTOM MASSAGE

Choose from a range of massage therapy techniques including Swedish, deep tissue, sports or reflexology. Or ask your therapist to customize your massage treatment with a stress-busting combination of any or all of these techniques.

50 Minutes \$115 / 80 Minutes \$170

## AROMA JOURNEY MASSAGE

Unwind during a sensory balancing massage experience with your choice of four Aromatherapy blends infused with essential oils: Harmony, Lavender, Ginger, or Revitalizing.

50 Minutes \$125 / 80 Minutes \$180

## QUIET THE MIND MASSAGE

Quiet the mind and soothe body and spirit. Temples and scalp are massaged with calm mind oil, a restorative blend of peppermint and lavender created to help relieve headache tension and stress. Lavender body oil is used to achieve an overall feeling of bliss as we customize your massage.

50 Minutes \$125 / 80 Minutes \$180

## AROMA STONE MASSAGE

Melt your cares away while smooth, polished river rocks are heated and used to massage the body. Stones are left in patterns on the body to balance the energy centers. Your choice of aromatherapy oil adds a wonderful aromatic element to the experience to calm, soothe and settle inflammation and irritation of skin and/or nerves.

50 Minutes \$150 / 80 Minutes \$225

## COUPLES MASSAGE

Enjoy any two therapeutic massages with a loved one or friend in our Spa Suite at THE US GRANT Hotel.

Pricing based on treatments selected

## **MASSAGE THERAPY** CONT.

### MOTHER-TO-BE MASSAGE

Designed to address the special needs of the mother-to-be, this treatment combines tried and tested safe pregnancy massage techniques. Massage uses a Chinese geranium-infused oil that promotes feminine energy and has a harmonizing effect on women. Helps to relieve tension in your lower and upper back, and alleviates swelling in the hands and feet. Mother to be massages are not recommended during the first tri-mester of pregnancy.

50 Minutes \$125 / 80 Minutes \$180

---

## **SKIN CARE**

SERVICES ARE "NON-INVASIVE" AND DO NOT INVOLVE EXTRACTIONS, STEAMER OR ANY CHEMICAL PEELS

### AROMATHERAPY FACIAL

Reconnect with nature, spirit and self with this deluxe facial based on the ancient and influential art of aromatherapy. Centered around a global bouquet of skin renewing aromatic oils, this facial imparts complete vitality and relaxation.

50 Minutes \$115

### RESCUE REMEDY

A treatment designed to restore balance to distressed complexions. This ultimate calming facial reduces inflammation and improves the skin's tolerance to irritation with an anti-inflammatory ampoule. This facial includes deep cleansing enzymes, an anti-redness masque and protective serums that encourage cellular repair with advanced preparations. Includes neck and décolleté massage.

50 MINUTES \$125

## **SKIN CARE** CONT.

SERVICES ARE "NON-INVASIVE" AND DO NOT INVOLVE EXTRACTIONS, STEAMER OR ANY CHEMICAL PEELS

### MAN ABOUT TOWN FACIAL

A deep-cleansing, therapeutic facial designed specifically for the special skin care needs of men. Relaxes the skin as it refines pores. Includes a luxurious facial massage and deep-cleansing masque. Specifically addresses sensitivity and razor burn.

50 Minutes \$115

### URBAN THERAPY ANTIOXIDANT FACIAL

This oxygenating, anti-aging facial utilizes ingredients brimming with antioxidants, including an application of a natural spirulina algae rich in protein, vitamins, minerals and botanical extracts. Combats premature aging, disrupts hyperpigmentation and provides skin with a healthy glow. Skin is noticeably smoother and younger-looking after treatment.

50 Minutes \$125

---

## **BODY TREATMENTS**

### JET LAG RECOVERY

Remedy jet lag or your shortage of sweet slumber in this balancing spa experience that includes a dry brush exfoliation, full body exfoliation with our Turkish body scrub. Body scrub is infused with your choice of organic essential oils to energize your mind and body or to promote deep relaxation. Choose our soothing lavender option to induce rest or our invigorating ginger option to take on your day ahead.

50 Minutes \$125

## BODY TREATMENTS CONT.

### ALOE QUENCH BODY WRAP

The healing moisturizing properties of aloe vera are combined with the soothing properties of lavender in this deluxe hydrating body wrap. Treatment includes a luxurious scalp and neck massage, as well as a foot massage with an alpine foot balm.

50 Minutes \$125

### GINGER RENEWAL

Earthy minerals are combined with ginger's healing properties in an invigorating full body exfoliation. Following is a pampering back, neck and shoulder massage with organic ginger oil and warm healing stones. Next, nourish and relax inside a warm cocoon while a luxurious foot and scalp massage complete the experience.

80 Minutes \$180

### LAVENDER DREAMS BODY SCRUB

Relax. Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deeply; inhale the calming and balancing benefits of wild lavender in this completely balancing and rejuvenating spa experience. To begin, earthy minerals are combined with lavender's healing properties in an invigorating full body exfoliation. Next, nourish and relax inside a warm cocoon, after lavender spray is massaged into the body.

80 Minutes \$180

FOR ADDITIONAL INFORMATION AND RESERVATIONS,  
PLEASE CONTACT THE SPA CONCIERGE BY DIALING x2076  
FROM YOUR GUESTROOM.

YOU MAY ALSO CONTACT RELAX & REJUVENATE DIRECTLY  
AT 1-866-867-3529 OR VIA E-MAIL AT  
SPA@THEUSGRANT.COM

## **SPA EXPERIENCE**

Treatments are available from 9AM to 9PM, 7 days a week. Advance reservations are recommended. Before and after hours services are subject to availability and incur a \$25 surcharge.

### **RESERVATIONS**

For additional information on THE US GRANT Spa Journeys by Relax & Rejuvenate or to make an appointment, please contact the Spa Concierge by dialing extension 2076 from your guestroom. You may also contact Relax & Rejuvenate directly at 1-866-867-3529 or via e-mail at [spa@theusgrant.com](mailto:spa@theusgrant.com)

### **ARRIVAL**

Please arrive at least fifteen minutes before your scheduled treatment. If you are late for an appointment, we may have to shorten your treatment time in order to accommodate the next spa appointment. Luxurious bathrobes and sandals are provided for your comfort. We advise against bringing valuables to the Spa Suite.

### **PAYMENTS**

Gratuuity is not included in your service. We leave it to your discretion. Spa Services may be charged to your guest room account or to any major credit card. A credit card is required to reserve all appointments.

### **CANCELLATIONS**

Please provide four business hours notice for cancellations or changes to your reservation to avoid being charged for your scheduled treatment. Services starting before noon need to be cancelled by 9pm the evening prior.

### **AGE MINIMUM**

Guests must be at least 18 years of age to experience a spa treatment. If under the age of 18, guests must be accompanied by a guardian.











THE US GRANT  
A LUXURY COLLECTION HOTEL, SAN DIEGO  
326 BROADWAY, SAN DIEGO, CA 92101 USA  
T 619 232 3121 — F 619 232 3626

**[THELUXURYCOLLECTION.COM/USGRANT](https://www.theluxurycollection.com/usgrant)**